

Dear Legislators,

I would like to cast my vote in support of labeling any food which contains the ingredient GMO.

Labeling the foods which contain GMO is important to the safety and health of the citizens of Connecticut. The FDA for years has labeled the ingredients in our foods so that we can be conscious and well informed consumers of the products we purchase.

In my research I have found that GMO has been shown in many studies to cause intestinal problems and other health issues in rats and also many studies now showing in humans as well. It's no surprise that there is a direct correlation of our ability to enhance our overall health or equally acquire disease and disorders due to the ingredients in the foods we consume.

GMO is just another problem we will not get rid of unless we stand up against the giant corporate food industries agenda, who's interest, like many corporations naturally lies more so in lobbying for the fiscal profiteering of itself in whatever way it is competitively possible. It is through our own complacency in which large corporations continue to sacrifice our health for the benefit of financial profit. Even if this is not true for every single company, this can be argued as an average notably verifiable trend in the business world, and is generally the nature of the beast.

The Food Corporations have already been shown to use their money to keep many ignorant through clever advertising campaigns and mislabeling of consumable items. This includes things such as the amount of reported Trans Fats, "All Natural" versus "Organic", and generally pulling the wool over our eyes by establishing trust through marketing techniques such as commercials that are celebrity endorsed.

We have been fooled by our own appetite for convenience and quick fixes in trade for the integrity of our health.

We can all remember back to the MSG scares in the 1980's, 1990's and on. There has been little progress on this old issue that is still questionably detrimental to our health and yet we still find MSG in our foods today. The one success that has been made is the fact that this "Potential" threat somehow got labeled so those who are in the know can actually make a conscious decision not to consume a product that may make their self and their loved ones sick in the long run.

All that needs to be proven here is that we have a "Right To Know" what is in the foods that we eat, especially if there is even a slight possibility that it can cause short or long term health problems.

The issue of GMO is internationally controversial, and for this reason, as labeling was done for MSG, also this needs to be done for GMO.